SEC Form 4	
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## FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to
Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(b).

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

OMB APPROVAL							
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1. Name and Address of Reporting Person <sup>*</sup> Foutch Randy A		n*	2. Issuer Name <b>and</b> Ticker or Trading Symbol Laredo Petroleum Holdings, Inc. [LPI]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
				X	Director	10% Owner	
(Last)	(First)	(Middle)	3. Date of Earliest Transaction (Month/Day/Year)	X	Officer (give title below)	Other (specify below)	
15 W. SIXTH STREET, SUITE 1800		800	06/25/2013	Chairman & CEO			
, (Street)			4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Indiv Line)	idual or Joint/Group Filing (	Check Applicable	
TULSA	OK	74119		X	Form filed by One Report	ing Person	
(City)	(State)	(Zip)			Form filed by More than C Person	One Reporting	

#### Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transa Code ( 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)		5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
			Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(1150.4)
Common Stock	06/25/2013		<b>J</b> <sup>(1)</sup>		43	A	\$ <mark>0</mark>	557,450	D	
Common Stock	06/25/2013		J <sup>(1)</sup>		130	A	\$ <mark>0</mark>	530,119	Ι	By Lariat Ranch LLC <sup>(2)</sup>

# Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of 3. Transaction 3A. Deemed 5. Number 6. Date Exercisable and 7. Title and 8. Price of 9. Number of 11. Nature 10 Conversion Expiration Date (Month/Day/Year) Amount of Securities Ownership Derivative Dat Execution Date Transaction of Derivative derivative of Indirect (Month/Day/Year) Derivative Securities Security or Exercise if any Code (Instr. Security (Instr. 5) Form: Beneficial Direct (D) or Indirect Price of Derivative (Month/Dav/Year) Underlying Derivative (Instr. 3) 8) Securities Beneficially Ownership Owned (Instr. 4) Acquired (A) or Disposed Security (Instr. 3 (I) (Instr. 4) Security Following Reported Transaction(s) and 4) of (D) (Instr. 3, 4 and 5) (Instr. 4) Amount Number Expiration Date ν (A) (D) Title Code Exercisable Date Shares

### Explanation of Responses:

1. Randy A. Foutch and Lariat Ranch LLC are limited partners in Warburg Pincus Private Equity IX, L.P. and Warburg Pincus Private Equity X O&G, L.P. along with an affiliated partnership (collectively "Warburg Pincus"). On June 25, 2013, Warburg Pincus distributed, which distribution did not constitute a purchase or sale of securities, an aggregate of 3,515,263 shares ("Distribution Shares") of common stock of Laredo Petroleum Holdings, Inc. held by Warburg Pincus, in the aggregate, to their respective partners on a pro rata basis (the "Distribution") for no consideration. In connection with the Distribution, an aggregate of 43 Distribution Shares were transferred to Randy A. Foutch and an aggregate of 130 Distribution Shares were transferred to Lariat Ranch, LLC.

2. By reason of the provisions of Rule 16a-1 of the Securities Exchange Act of 1934, as amended (the "Exchange Act"), Mr. Foutch may be deemed to be a beneficial owner of the 530,119 shares of common stock held by Lariat Ranch LLC. Pursuant to Rule 16a-1(a)(4) of the Exchange Act, Mr. Foutch herein states that this Form 4 shall not be deemed an admission that he is the beneficial owner of such shares of common stock. Mr. Foutch disclaims beneficial ownership of the common stock of the Issuer, except to the extent that he has a pecuniary interest in such shares of common stock.

### Remarks:

/s/ Kenneth E. Dornblaser as attorney-in-fact for Randy A. Foutch

06/27/2013

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.