## FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL

| L                        |           |  |  |  |  |  |  |  |
|--------------------------|-----------|--|--|--|--|--|--|--|
| OMB Number:              | 3235-0287 |  |  |  |  |  |  |  |
| Estimated average burden |           |  |  |  |  |  |  |  |
| hours per response:      | 0.5       |  |  |  |  |  |  |  |

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| 1. Name and Address of Reporting Person*                         |                                 |  |  |                | 2. Issuer Name <b>and</b> Ticker or Trading Symbol<br>Laredo Petroleum, Inc. [LPI]   |  |                 |  |           |   |                                       |                               | o of Reportir<br>licable)  | eporting Person(s) to Issuer<br>e)      |   | uer        |
|--|---------------------------------|--|--|----------------|--|--|-----------------|--|-----------|---|---------------------------------------|-------------------------------|--|---|---|------------|
| <u>KURAN SHIHAB A.</u>   |                                 |  |  |                |  |  |                 |  |           |   |                                       | X Direc                       | tor  | 10                                      | % Owr   | ner        |
| (Lact) (Firet) (Middlo)  |                                 |  |  |                |  | 3. Date of Earliest Transaction (Month/Day/Year)<br>11/17/2022 |                 |  |           |   |                                       |                               | er (give title<br>v)   |   | her (sp<br>low)                                     | ecify      |
| (Street)   |                                 | 4. If A                                    | 4. If Amendment, Date of Original Filed (Month/Day/Year) |                |  |  |                 |  |           | 6. Individual or Joint/Group Filing (Check Applicable Line) |                                       |                               |  |   |   |            |
| (Street)   | OF                              | - <b>-</b> -                               | 4119   |                |  |  |                 |  |           |   |                                       |                               | Form filed by One Reporting Person   |   |   |            |
| TULSA  |                                 |  | 4119   | _              |  |  |                 |  |           |   |                                       | Form<br>Perso                 | filed by Mo  | re than One                             | Repor   | ting       |
| (City)   | (St                             | ate) (2                                    | Zip)   |                |  |  |                 |  |           |   |                                       |                               |  |   |   |            |
|  |                                 | Table                                      | I - Non-Der  | ivative S      | ecur   | ities Acq  | uired,          | Dis  | oosed of, | or Ber  | neficia                               | ally Own                      | ed   |   |   |            |
| 1. Title of Security (Instr. 3) 2. Transac<br>Date<br>(Month/Dat |                                 |  | nsaction<br>h/Day/Year)                                  | Exec<br>if any | 2A. Deemed<br>Execution Date,<br>if any<br>(Month/Day/Year)  |  | ction<br>Instr. | 4. Securities Acquired (A<br>Disposed Of (D) (Instr. 3<br>5) |           |   | nd Securi<br>Benefi<br>Owned          | ties<br>cially<br>I Following | 6. Ownership<br>Form: Direct<br>(D) or Indirect<br>(I) (Instr. 4)              | ct of<br>ect Be                         | 7. Nature<br>of Indirect<br>Beneficial<br>Ownership |            |
|  |                                 |  |  |                |  |  |                 | v  | Amount    | (A) or<br>(D)   | Price                                 | Transa                        | <ul> <li>Reported</li> <li>Transaction(s)</li> <li>(Instr. 3 and 4)</li> </ul> |   | ()  | (Instr. 4) |
| Common Stock 11/17/2   |                                 |  |  |                | 2022   |  | A               |  | 507(1)    | Α   | \$ <u>64</u>                          | .2                            | 889  |   |   |            |
|  |                                 | Tal  | ole II - Deriv<br>(e.g.,                                 |                |  | ies Acqui<br>varrants,   |                 |  |           |   |                                       |                               | d  |   |   |            |
| 1. Title of<br>Derivative<br>Security                            | 2.<br>Conversion<br>or Exercise | 3. Transaction<br>Date<br>(Month/Day/Year) | 3A. Deemed<br>Execution Date<br>if any                   |                | 4. 5. Number 6. Date Exercisable and 7. Title and<br>Transaction of Expiration Date Amount of<br>Code (Instr. Derivative (Month/Day/Year) Securities |  |                 |  | of        | 8. Price of<br>Derivative<br>Security                       | 9. Number<br>derivative<br>Securities | of 10.<br>Owne<br>Form:       | ship   | 11. Nature<br>of Indirect<br>Beneficial |   |            |

|  | Conversion<br>or Exercise<br>Price of<br>Derivative<br>Security | Date<br>(Month/Day/Year) | Execution Date,<br>if any<br>(Month/Day/Year) | Code (Instr.<br>8) |   | of<br>Derivative<br>Securities<br>Acquired<br>(A) or<br>Disposed<br>of (D)<br>(Instr. 3, 4<br>and 5) |     | Expiration Date<br>(Month/Day/Year) |                    | Amount of<br>Securities<br>Underlying<br>Derivative<br>Security (Instr.<br>3 and 4) |  | Derivative<br>Security<br>(Instr. 5) | derivative<br>Securities<br>Beneficially<br>Owned<br>Following<br>Reported<br>Transaction(s)<br>(Instr. 4) | Ownership<br>Form:<br>Direct (D)<br>or Indirect<br>(I) (Instr. 4) | of Indirect<br>Beneficial<br>Ownership<br>(Instr. 4) |  |
|--|---|--------------------------|---|--------------------|---|--|-----|-------------------------------------|--------------------|---|--|--------------------------------------|--|---|--|--|
|  |   |                          |   | Code               | v | (A)  | (D) | Date<br>Exercisable                 | Expiration<br>Date | Title   | Amount<br>or<br>Number<br>of<br>Shares |                                      |  |   |  |  |

Explanation of Responses:

1. These shares are granted under the Issuer's Omnibus Equity Incentive Plan and represent partial payment of the director's retainer and director fees.

Remarks:

## /s/ Mark D. Denny as

attorney-in-fact for Shihab A. 11/18/2022

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

<sup>&</sup>lt;u>Kuran</u>