## FORM 4

obligations may continue. See Instruction 1(b).

Check this box if no longer subject to Section 16. Form 4 or Form 5

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP
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OMB APPROVAL OMB Number: Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*  WOLF DONALD D						2. Issuer Name and Ticker or Trading Symbol Laredo Petroleum Holdings, Inc. [ LPI ]								5. Relationship of Repor (Check all applicable) X Director			ting Pe	. ,	Issuer Owner
(Last) (First) (Middle) 15 W. 6TH STREET						3. Date of Earliest Transaction (Month/Day/Year) 05/16/2013								Officer (give tit below)			le Othe belov		r (specify v)
SUITE 1800  (Street)  TULSA OK 74119  (City) (State) (Zip)				4. 11	4. If Amendment, Date of Original Filed (Month/Day/Year)									Individual or Joint/Group Filing (Check Applicable Line)     X Form filed by One Reporting Person     Form filed by More than One Reporting Person					
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																			
1. Title of Security (Instr. 3)  2. Transacti Date (Month/Day)					Execution Date,					Disposed O	rities Acquired (A) or ed Of (D) (Instr. 3, 4 an			5. Amount of Securities Beneficially Owned Following Reported		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership	
									Code	v	Amount	(A) oi (D)	Price		Transact (Instr. 3	ion(s)			(Instr. 4)
Common Stock 05/16/20					2013	13			A		9,599(1)	A	\$17.	.97	41,801			D	
Common Stock															3,0	000		I	By Donald D Wolf 2007 Irrevocable Trust
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	conversion r Exercise (Month/Day/Year) irice of lerivative			Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable an Expiration Date (Month/Day/Year)  Date Exercisable Expiration Date Exercisable			7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4)  Amount of Number of Shares		De Se (Ir	8. Price of Derivative Security (Instr. 5)  (Instr. 5)  9. Numbe derivative Securitie Securitie Beneficia Owned Followin Reported Transacti (Instr. 4)		e s Illy	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)		

## **Explanation of Responses:**

1. These restricted shares are granted under the Issuer's 2011 Omnibus Equity Incentive Plan as an annual stock grant and committee chair fees.

## Remarks:

/s/ Kenneth E. Dornblaser, as attorney-in-fact for Donald D.

05/20/2013

Wolf

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.