UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

FORM 8-K

CURRENT REPORT PURSUANT TO SECTION 13 OR 15(d) OF THE SECURITIES EXCHANGE ACT OF 1934

Date of report (Date of earliest event reported): December 1, 2022

LAREDO PETROLEUM, INC.

(Exact name of registrant as specified in charter)

Delaware	001-35380	45-3007926
(State or other jurisdiction of incorporation or organization)	(Commission File Number) (I.R.S. Employer Identification No.)
15 W. Sixth Street	Suite 900	
Tulsa	Oklahoma	74119
(Address of principal exe	ecutive offices)	(Zip code)
Registrant's telep	hone number, including area	code: (918) 513-4570
(Former name	Not Applicable or former address, if changed	d since last report)
Securities registe	red pursuant to Section 12(b)	of the Exchange Act:
Title of each class	Trading Symbol	Name of each exchange on which registered
Common stock, \$0.01 par value	LPI	New York Stock Exchange
Written communications pursuant to Rule Soliciting material pursuant to Rule 14a-12	provisions: 425 under the Securities Act 2 under the Exchange Act (17	CFR 240.14a-12)
Pre-commencement communications purs	suant to Rule 14d-2(b) under	the Exchange Act (17 CFR 240.14d-2(b))
Pre-commencement communications purs	suant to Rule 13e-4(c) under t	he Exchange Act (17 CFR 240.13e-4(c))
cate by check mark whether the registrant is 3 (§230.405 of this chapter) or Rule 12b-2 of		y as defined in Rule 405 of the Securities Act of 1934 (§240.12b-2 of this chapter).
Emerging Growth Company		
		lected not to use the extended transition period for ursuant to Section 13(a) of the Exchange Act. \Box

Item 7.01. Regulation FD Disclosure.

On December 1, 2022, Laredo Petroleum, Inc. (the "Company") issued a press release announcing the publication of its 2022 ESG and Climate Risk Report. In addition, the Company announced that it will rebrand as Vital Energy on January 9, 2023. A copy of the press release is attached hereto as Exhibit 99.1 and incorporated into this Item 7.01 by reference.

All statements in the press release, other than historical financial information, may be deemed to be forward-looking statements within the meaning of Section 27A of the Securities Act of 1933, as amended (the "Securities Act"), and Section 21E of the Exchange Act of 1934, as amended (the "Exchange Act"). Although the Company believes the expectations expressed in such forward-looking statements are based on reasonable assumptions, such statements are not guarantees of future performance, and actual results or developments may differ materially from those in the forward-looking statements. See the Company's Annual Report on Form 10-K for the year ended December 31, 2021 and the Company's other filings with the Securities and Exchange Commission for a discussion of other risks and uncertainties. The Company disclaims any intention or obligation to update or revise any forward-looking statements, whether as a result of new information, future events or otherwise.

In accordance with General Instruction B.2 of Form 8-K, the information furnished under this Item 7.01 of this Current Report on Form 8-K and the exhibit attached hereto are deemed to be "furnished" and shall not be deemed "filed" for the purpose of Section 18 of the Exchange Act, or otherwise subject to the liabilities of that section, nor shall such information be deemed incorporated by reference into any filing under the Securities Act or the Exchange Act.

Item 9.01. Financial Statements and Exhibits.

(d) Exhibits.

Exhibit Number	Description	
99.1	Press Release dated December 1, 2022.	
104	Cover Page Interactive Data File (formatted as Inline XBRL).	

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

LAREDO PETROLEUM, INC.

Date: December 1, 2022 By: /s/ Bryan J. Lemmerman

Bryan J. Lemmerman

Senior Vice President and Chief Financial Officer



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Laredo Petroleum Publishes 2022 ESG and Climate Risk Report

Company to Rebrand as Vital Energy in 2023

TULSA, OK - December 1, 2022 - Laredo Petroleum, Inc. (NYSE: LPI) ("Laredo" or the "Company") today published its 2022 ESG and Climate Risk Report, which provides a comprehensive update on key ESG initiatives across the Company, as well as newly defined emissions reduction and water recycling targets. The report and data tables are available on the "Sustainability" page of the Company's website at www.laredopetro.com.

Consistent with its goal to ensure everyone has access to the reliable, affordable energy resources needed to power their lives, Laredo will rebrand to Vital Energy on January 9, 2023, and will trade on the NYSE under the ticker "VTLE".

2022 ESG and Climate Risk Report Highlights

- Established a combined Scope 1 and 2 emissions intensity target of below 10 metric tons of carbon dioxide equivalent per thousand barrels of oil equivalent by 2030
- Established target of 50% recycled water to be used in completions operations by 2025
- Reduced 2021 Scope 1 GHG emissions intensity 25% versus 2020 and 34% compared to 2019 Company baseline levels
- Reduced 2021 methane intensity 46% versus 2020 and 63% compared to 2019
- Reduced 2021 flaring intensity (excluding acquisitions) 44% versus 2020 and 78% compared to 2019
- Increased the percentage of recycled water utilized in completions operations to 26% in 2021
- Expanded the Company's Task Force on Climate-related Financial Disclosures (TCFD)-aligned scenario analysis to include 1.5 degree Celsius and net zero scenarios
- Awarded Project Canary's TrustWell Certification, the first Permian operator to receive this distinction for responsibly sourced oil and natural gas production
- Increased gender and ethnic diversity on the Board of Directors to 60% and maintained 47% gender and ethnic diversity among the Company's workforce

• Linked ESG metrics with executive officer compensation by including 2025 emissions reduction goals in the Company's Long-Term Incentive Program

"Our ESG and Climate Risk Report details the significant progress we have made to advance key ESG initiatives across the business," stated Jason Pigott, President and Chief Executive Officer. "We envision a world where everyone has access to reliable, affordable energy. As a leading producer in the Permian Basin, we are committed to safely delivering low-cost energy, partnering with the communities in which we live and work and demonstrating sustainability leadership. This report highlights our team's success in achieving significant emissions reductions since 2019 and our commitment to further improvement through aggressive short and medium-term emissions reduction targets."

"Our rebrand to Vital Energy in early 2023 reflects our mission and collective commitment to find new and creative ways to add value for all of our stakeholders," continued Mr. Pigott. "I am extremely proud of our employees and their contributions to transform the Company over the past three years. They have helped position us to deliver on our promises, to be unafraid to lead and help create a limitless future where the world has abundant, low-cost, reliable energy."

About Laredo

Laredo Petroleum, Inc. is an independent energy company with headquarters in Tulsa, Oklahoma. Laredo's business strategy is focused on the acquisition, exploration and development of oil and natural gas properties in the Permian Basin of West Texas.

Additional information about Laredo may be found on its website at www.laredopetro.com.

Forward-Looking Statements

This press release and any oral statements made regarding the contents of this release, including in the conference call referenced herein, contain forward-looking statements as defined under Section 27A of the Securities Act of 1933, as amended, and Section 21E of the Securities Exchange Act of 1934, as amended. All statements, other than statements of historical facts, that address activities that Laredo assumes, plans, expects, believes, intends, projects, indicates, enables, transforms, estimates or anticipates (and other similar expressions) will, should or may occur in the future are forward-looking statements. The forward-looking statements are based on management's current belief, based on currently available information, as to the outcome and timing of future events. Such statements are not quarantees of future performance and involve risks, assumptions and uncertainties.

General risks relating to Laredo include, but are not limited to, the decline in prices of oil, natural gas liquids and natural gas and the related impact to financial statements as a result of asset impairments and revisions to reserve estimates, the ability of the Company to execute its strategies, including its ability to successfully identify and consummate strategic acquisitions at purchase prices that are accretive to its financial results and to successfully integrate acquired businesses, assets and properties, oil production quotas or other actions that might be imposed by the Organization of Petroleum Exporting Countries and other producing countries ("OPEC+"), the outbreak of disease, such as the coronavirus ("COVID-19") pandemic, and any related government policies and actions, changes in domestic and global production, supply and demand for commodities, including as a result of the COVID-19 pandemic, actions by OPEC+ and the Russian-Ukrainian military conflict, long-term

performance of wells, drilling and operating risks, the increase in service and supply costs, including as a result of inflationary pressures, tariffs on steel, pipeline transportation and storage constraints in the Permian Basin, the possibility of production curtailment, hedging activities, the impacts of severe weather, including the freezing of wells and pipelines in the Permian Basin due to cold weather, possible impacts of litigation and regulations, the impact of the Company's transactions, if any, with its securities from time to time, the impact of new laws and regulations, including those regarding the use of hydraulic fracturing, the impact of new environmental, health and safety requirements applicable to the Company's business activities, the possibility of the elimination of federal income tax deductions for oil and gas exploration and development and other factors, including those and other risks described in its Annual Report on Form 10-K for the year ended December 31, 2021 and those set forth from time to time in other fillings with the Securities and Exchange Commission ("SEC"). These documents are available through Laredo's website at www.laredopetro.com under the tab "Investor Relations" or through the SEC's Electronic Data Gathering and Analysis Retrieval System at www.sec.gov. Any of these factors could cause Laredo's actual results and plans to differ materially from those in the forward-looking statements. Therefore, Laredo can give no assurance that its future results will be as estimated. Any forward-looking statement speaks only as of the date on which such statement is made. Laredo does not intend to, and disclaims any obligation to, correct, update or revise any forward-looking statement, whether as a result of new information, future events or otherwise, except as required by applicable law.

Investor Contact:

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