FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Vashington,	DС	20549	
vasimigion,	D.O.	20040	

TATEMENT	OF CHANGES	IN BENEFICIAL	<b>OWNERSHIP</b>

OMB APPROVAL											
OMB Number:	3235-0287										
Estimated average burden											
hours nor roomana	. 0.5										

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person*     Jarchow Craig				2. Issuer Name <b>and</b> Ticker or Trading Symbol Laredo Petroleum, Inc. [ LPI ]							(Che	ck all app	,						
(Last)	(Fir	est) (M	Middle)			3. Date of Earliest Transaction (Month/Day/Year) 11/19/2020							-	_	er (give title		Other (s		
(Street) TULSA (City)	Ok (Sta		Zip)		4. If <i>F</i>									6. Inc Line)	Form	al or Joint/Group Filing (Check Applicable orm filed by One Reporting Person orm filed by More than One Reporting erson			
		Table	I - No	n-Deriva	tive S	Secui	rities	Acq	uired,	Dis	posed of	, or E	Bene	ficial	ly Own	ed			
1. Title of Security (Instr. 3)  2. Transact Date (Month/Day			Execution Date,		3. 4. Securities Acquire Disposed Of (D) (Inst 5)				Securit Benefic Owned	ecurities Formula Formula Following (I)		: Direct r Indirect str. 4)	7. Nature of Indirect Beneficial Ownership						
							Code	v	Amount (A) or (D)		or F	rice	Transa	Reported Transaction(s) (Instr. 3 and 4)			(Instr. 4)		
Common Stock 11/1			11/19/2	2020		A		2,191(1)	A	. (	\$11.41	6,715			D				
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	rivative Conversion curity or Exercise Price of Derivative Security  Date (Month/Day/Year)  (Month/Day/Year)  Execution Date, if any (Month/Day/Year)		4. Transa Code ( 8)		nstr. Derivative Securities Acquired (A) or Disposed of (D) ((Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)  Date Expiration Date		7. Title and Amount of Securities Underlying Derivative Security (Insi 3 and 4)  Amou or Numb of Title Share:		str.	Price of erivative ecurity nstr. 5)	9. Number derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	y   G	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)			

## **Explanation of Responses:**

1. These shares are granted under the Issuer's Omnibus Equity Incentive Plan and represent payment of the director's retainer and director fees, which are paid 50% in stock and 50% in cash.

## Remarks:

/s/ Mark D. Denny as 11/23/2020 attorney-in-fact for Craig M. **Jarchow** 

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.