FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

l	OMB APPROVAL										
l	OMB Number: 3235-028										
l	Estimated average burden										
l	hours per response:	0.5									

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

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	Address of R	eporting Person*		2. Issuer Name and Ticker or Trading Symbol Laredo Petroleum, Inc. [LPI]									5. Relationship of Reporting Person(s) to Issuer (Check all applicable)						
110011											X Direct	or		10% Ow	/ner				
(Last)	(Firs	st) (I		3. Date of Earliest Transaction (Month/Day/Year) 03/24/2022								7	helow)			Other (s below)	pecify		
15 W. 6TI	H STREET,	SUITE 900		03/24/2022										President & CEO					
(Street)			4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)										6. Individual or Joint/Group Filing (Check Applicable Line)					
TULSA	OK 74119												X Form filed by One Reporting Person						
(City)												Form filed by More than One Reporting Person							
		Tab	le I - Non	-Deriv	ative	e Se	curiti	es A	cquired,	Disp	osed	of, o	r Bene	ficiall	y Owned				
1. Title of Se	ecurity (Instr.	3)	2. Trans Date (Month/		ar)	2A. Deemed Execution Date, if any (Month/Day/Year)		Code (, Transaction Disp Code (Instr.		curities Acquired (A) o sed Of (D) (Instr. 3, 4			Benefic	es ally Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)	
									v	Amoun	t	(A) or (D)	Price	Transac (Instr. 3	ion(s)			insu. 4)	
Common S	Stock			03/24	4/202	/2022			S		5,531 ⁽¹⁾ D		\$75	13	0,620	D			
		٦	Table II - E						quired, D s, optior						Owned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution D if any (Month/Day)	ate,	4. Transa Code (I 8)		of		6. Date Exercisab Expiration Date (Month/Day/Year)			7. Title and Amou Securities Underly Derivative Securit (Instr. 3 and 4)		lerlying urity	8. Price o Derivative Security (Instr. 5)		ve es ially ng d tion(s)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4	Beneficial Ownership (Instr. 4)
					Code	v			Date Exercisable		piration te	or Nu of		Number					
Performance Units	(2)								06/03/2022		(2)		rmance nits	10,000		10,00	00	D	
Performance Units	(3)								03/05/2023		(3)		rmance nits	55,253		55,2	53	D	
Performance Units	(4)								03/09/2024		(4)		rmance nits	49,322		49,3	22	D	
Performance Units	(5)								02/22/2025		(5)		rmance nits	28,810		28,8	10	D	

Explanation of Responses:

- 1. Shares sold pursuant to a Rule 10b5-1 trading plan.
- 2. These are outperformance share units that are granted under the Issuer's Omnibus Equity Incentive Plan as part of an offer of employment. Each outperformance share unit represents a share of common stock. The outperformance share units will be payable, if at all, in common stock, based upon the Issuer's highest 50 consecutive trading day average closing stock price that occurs over a three-year performance period ending on June 3, 2022 and will vest in three equal annual installments beginning on June 3, 2022. The final number of shares of common stock earned can range from 0 to 50,000 shares.
- 3. These performance units are granted under the Issuer's Omnibus Equity Incentive Plan. The performance units will be payable, if at all, in cash based upon (i) the Issuer's total shareholder return measured against an industry peer group, (ii) on an absolute share return basis and (iii) based on a return on average capital employed metric, over a three-year performance period ending December 31, 2022. The final amount of cash earned is dependent on the performance of the stock price and the factors identified herein with the performance unit multiple having a range of 0% to 200%.
- 4. These performance units are granted under the Issuer's Omnibus Equity Incentive Plan. The performance units will be payable, if at all, in cash based upon (i) the Issuer's total shareholder return measured against an industry peer group, (ii) on an absolute share return basis, (iii) earnings before interest, taxes, depreciation, amortization and exploration expense divided by three-year total debt reduction and (iv) growth in inventory, over a three-year performance period ending December 31, 2023. The final amount of cash earned is dependent on the performance of the stock price and the factors identified herein with the performance unit multiple having a range of 0% to 225%.
- 5. These performance units are granted under the Issuer's Omnibus Equity Incentive Plan. Each performance unit represents a share of common stock. The performance units will be payable, if at all, in common stock, cash, or a combination of common stock and cash, to be determined in the discretion of the Issuer's Compensation Committee, based upon (i) the Issuer's total shareholder return measured against an industry peer group, (ii) on an absolute share return basis, (iii) earnings before interest, taxes, depreciation, amortization and exploration expense divided by three-year total debt reduction, (iv) growth in inventory and (v) emissions reduction, over a three-year performance period ending December 31, 2024. The final number of shares of common stock or cash earned is dependent on the performance of the stock price and the factors identified herein with the performance unit multiple having a range from 0% to 225%.

Remarks:

/s/ Mark D. Denny, as attorneyin-fact for M. Jason Pigott

03/25/2022

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.