UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

FORM 8-K

CURRENT REPORT PURSUANT TO SECTION 13 OR 15(d) OF THE

SECURITIES EXCHANGE ACT OF 1934

Date of report (Date of earliest event reported): November 12, 2013

LAREDO PETROLEUM HOLDINGS, INC.

(Exact Name of Registrant as Specified in Charter)

Delaware 001-35380 45-3007926

(State or Other Jurisdiction of Incorporation or Organization)

(Commission File Number)

(I.R.S. Employer Identification No.)

15 W. Sixth Street, Suite 1800, Tulsa, Oklahoma

74119

(Address of Principal Executive Offices)

(Zip Code)

Registrant's telephone number, including area code: (918) 513-4570

Not Applicable

(Former Name or Former Address, if Changed Since Last Report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

- o Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
- o Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
- o Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
- o Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Item 7.01. Regulation FD Disclosure.

On November 12, 2013, Laredo Petroleum Holdings, Inc. (the "Company") posted to its website its November Corporate Presentation. The presentation is available on the Company's website, www.laredopetro.com, and is attached to this Current Report on Form 8-K as Exhibit 99.1 and incorporated into this Item 7.01 by reference.

All statements in the presentation other than historical financial information, may be deemed to be forward-looking statements within the meaning of Section 27A of the Securities Act of 1933, as amended, and Section 21E of the Securities Exchange Act of 1934, as amended. Although the Company believes the expectations expressed in such forward-looking statements are based on reasonable assumptions, such statements are not guarantees of future performance and actual results or developments may differ materially from those in the forward-looking statements. See the Company's filings with the SEC for a discussion of other risks and uncertainties. The Company disclaims any intention or obligation to update or revise any forward-looking statements, whether as a result of new information, future events or otherwise.

In accordance with General Instruction B.2 of Form 8-K, the information in this report (including Exhibit 99.1) is deemed to be "furnished" and shall not be deemed "filed" for the purpose of Section 18 of the Securities Exchange Act of 1934, as amended, or otherwise subject to the liabilities of that section, nor shall such information and Exhibit be deemed incorporated by reference into any filing under the Securities Act of 1933, as amended, or the Securities Exchange Act of 1934, as amended.

Item 9.01. Financial Statements and Exhibits.

(d) Exhibits.

Exhibit Number	Description	
99.1	Corporate Presentation November 2013	

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

LAREDO PETROLEUM HOLDINGS, INC.

Date: November 12, 2013 By: /s/ Richard C. Buterbaugh

Richard C. Buterbaugh

Executive Vice President and Chief Financial Officer

EXHIBIT INDEX

Exhibit Number	Description				
99.1	Corporate Presentation November 2013				



Forward-Looking / Cautionary Statements

This presentation contains forward-looking statements within the meaning of Section 27A of the Securities Act of 1933 and Section 21E of the Securities Exchange Act of 1934. All statements, other than statements of historical fact, included in this presentation that address activities, events or developments that Laredo Petroleum Holdings, Inc. (the "Company", "Laredo" or "LPI") assumes, plans, expects, believes or anticipates will or may occur in the future are forward-looking statements. The words "Delieves," "expect," "may," "estimates," "will," "anticipate," "plan," "intend," "foresee," "should," "would," "could," or other similar expressions are intended to identify forward-looking statements, which are generally not historical in nature. However, the absence of these words does not mean that the statements are not forward-looking, Without limiting the generality of the foregoing, forward-looking statements ontained in this presentation specifically include the expectations of plans, strategies, objectives and anticipated financial and operating results of the Company, including as to the Company's stilling program, production, hedging activities, capital expenditure levels and other guidance included in this presentation. These statements are based on certain assumptions made by the Company shade on management's expectations and perception of historical trends, current conditions, anticipated future developments and other factors believed to be appropriate. Such statements are subject to a number of assumptions, risks and uncertainities, many of which are beyond the control of the Company, which may cause actual results to differ materially from those implied or expressed by the forward-looking statements. These include, but are not limited to, risks relating to financial performance and results, current economic conditions and resulting capital restraints, prices and demand for oil and natural gas, availability of drilling equipment and personnel, availability of sufficient capital to execute the Company

Any forward-looking statement speaks only as of the date on which such statement is made and the Company undertakes no obligation to correct or update any forward-looking statement, whether as a result of new information, future events or otherwise, except as required by applicable law.

The SEC generally permits oil and gas companies, in filings made with the SEC, to disclose proved reserves, which are reserve estimates that geological and engineering data demonstrate with reasonable certainty to be recoverable in future years from known reservoirs under existing economic and operating conditions and certain probable and possible reserves that meet the SEC's definitions for such terms. In this presentation, the Company may use the terms "estimated ultimate recovery", "EUR" or descriptions of volumes of reserves which the SEC guidelines restrict from being included in filings with the SEC without strict compliance with SEC definitions. The Company does not choose to include unproved reserve estimates in 18 filings with the SEC. Estimated ultimate recovery, refers to the Company's interenal estimates of per well hydrocarbon quantities that may be undertained to the strict of the stri

This presentation includes financial measures that are not in accordance with generally accepted accounting principles ("GAAP"), including Adjusted EBITDA. While management believes that such measures are useful for investors, they should not be used as a replacement for financial measures that are in accordance with GAAP. For a reconciliation of Adjusted EBITDA to the nearest comparable measure in accordance with GAAP, please see the Appendix.

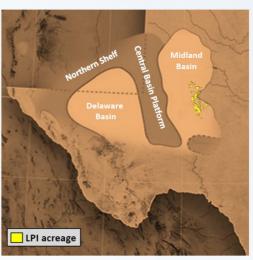
As previously disclosed, on August 1, 2013 (with an economic effective date of April 1, 2013) the Company disposed of its oil and natural gas properties, associated pipeline assets and various other associated property and equipment in the Anadarko Granite Wash, Central Texas Panhandle and the Eastern Anadarko Basin. As a result of such sale, the reserves, cash flows and all other attributes associated with the ownership and operations of these properties have been eliminated from the ongoing operations of the Company, and the information in this presentation has been prepared on such basis.



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Laredo Petroleum Today

- High-quality acreage position in the fairway of the Midland Basin
- Top-tier well results in multiple horizons
- Significant resource potential: >10x existing reserves ¹
- Transitioning to development manufacturing mode
- Strong financial structure



Concentrated Garden City acreage is in the heart of the Permian's Midland Basin

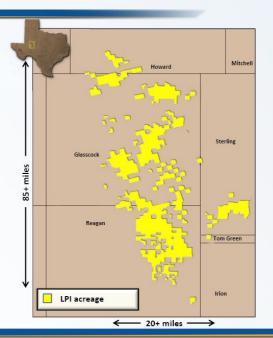


¹ Based on LPI internal reserve estimates (2-stream) as of 6/30/2013, pro-forma for sale of Anadarko Basin properties, and estimated total resource potential more than 2 fullion fibrs.

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Concentrated Asset Portfolio Focused in Midland Basin

- ~141,230 net acres1
- ~65% held by production¹
- ~90% average working interest²
- Multiple horizontal zones in addition to the Wolfcamp and Cline.

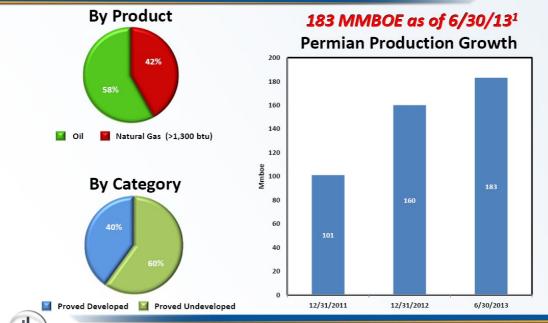




² As of 9/30/2013 ² Working interest in wells drilled as of 9/30/2013

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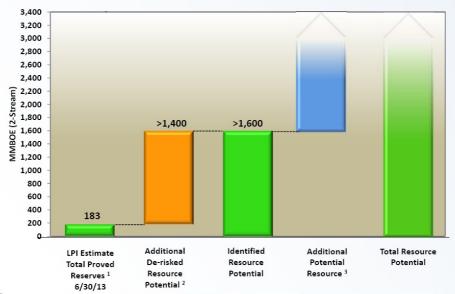
2013 Mid-Year Reserve Update



¹ Internal estimate, 2-stream, as of 6/30/2013, presented on a pro-forma basis for the Anadarko Basin assets divestiture

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Identified Path for Growth



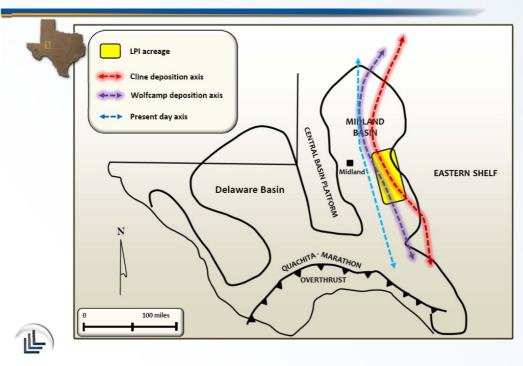


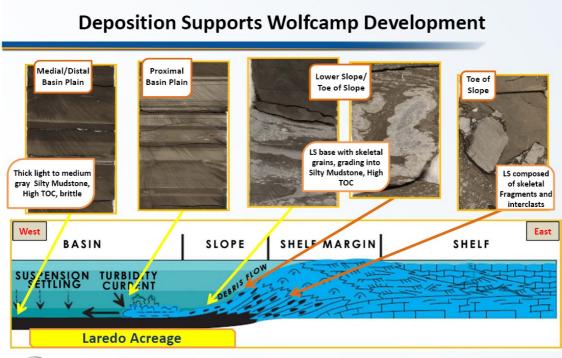
- Internal estimate, 2-stream, as of 6/30/2013, presented on a pro-forma basis for the Anadarko Basin assets divestiture
- ² Based upon un-booked identified well locations for vertical Wolfberry's and horizontal wells in the Upper Wolfcamp, Middle Wolfcamp, Lower Wolfcamp and Clin

ıcludes potential locations on acreage not de-risked by Hz wells, additional zones for Hz development and potential down-spacing

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Permian Basin: Present Day

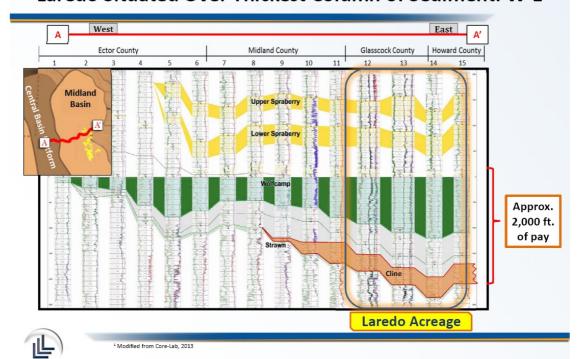




¹ Handford, C. Robertson (1981). Sedimentology and Genetic Stratigraphy of Dean and Spraberry Formations (Permian), Midland Basin, Texa. AAPG Bull. v. 65, p 1602-1616.

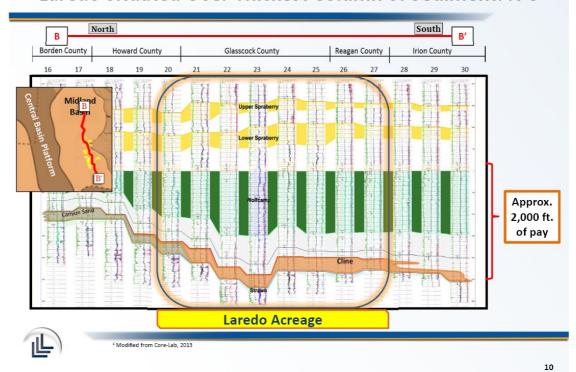
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Laredo Situated Over Thickest Column of Sediment: W-E



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Laredo Situated Over Thickest Column of Sediment: N-S



Laredo's Permian-Garden City Shales¹

Significant oil in place in multiple stacked zones

	<u>Spraberry</u>	Wolfcamp	Cline	A/B/W	Combined
Depth (ft)	5,000 – 7,000	7,000 – 8,500	9,000 – 9,500	9,500 – 10,500	5,000 – 10,500
Average Thickness (ft)	1,500 - 2,000	1,500 - 2,000	250 – 350	350 – 400	3,600 – 4,750
TOC (%)	4.0 - 13.0	2.0 - 9.0	2.0 - 7.5	2.0 - 13.0	2.0 - 13.0
Thermal maturity (% RSO)	0.6 - 0.7	0.7 - 0.9	0.9 - 1.1	0.9 - 1.2	0.6 - 1.2
Total porosity (%)	6.0% - 16.0%	4.0% - 8.0%	5.0% - 8.0%	3.0% - 13.0%	3.0% - 16.0%
Clay content (%)	15 – 40	25 – 45	30 – 40	20 – 45	15 – 45
Pressure gradient (psi/ft)	0.40 - 0.50	0.45 - 0.50	0.55 - 0.65	0.55 - 0.65	0.40 - 0.65
OOIP (MMBOE/Section)	45 – 85	70 – 115	25 – 35	40 – 55	180 – 290





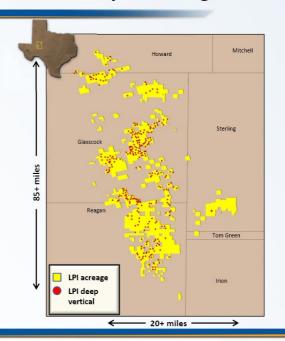


¹ Properties from proprietary LPI core analysis

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Vertical Wolfberry: Confirms Quality of Acreage¹

- >800 vertical Wolfberry wells across acreage
 - >300 deep vertical Wolfberry wells through the Atoka
- Average well density is approximately one well per 200 acres across acreage
- >20% rate of return





¹ As of 9/30/2013

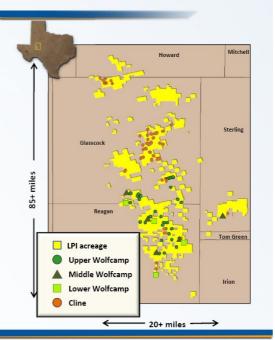
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Proven Multi-zone Horizontal Performance

Average 30-day IP results from the Upper, Middle and Lower Wolfcamp at high end or exceeding type curve

Horizontal Zone	Total Comple		Long Lateral 30-Day Average IF			
	Short Lateral	Long Lateral	BOE/D 2-Stream			
Upper Wolfcamp	7	25	717			
Middle Wolfcamp	1	5	630			
Lower Wolfcamp	0	4	861			
Cline	31	6	594			

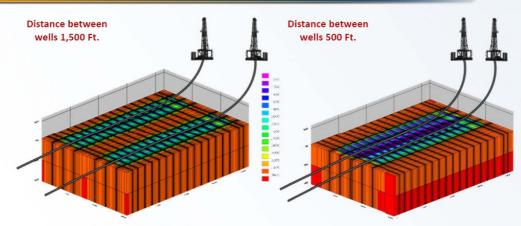
Commercial development has been proven for all four zones from 79 horizontal wells





² Well completions as of 9/30/2013 ² Based on long lateral completions of over 6,000 ft with at least 30 days of production history past peak production as of 9/30/2013

Lateral Spacing Reservoir Simulation¹



Reservoir Modeling Goals

- Optimize economics
 - Maximize recovery
 - Minimize wells
- Plan with life-cycle in mind

20-year reservoir drainage simulation supports 660-ft spacing for initial development phase



1 Reservoir simulations resulted from joint project with Halliburto

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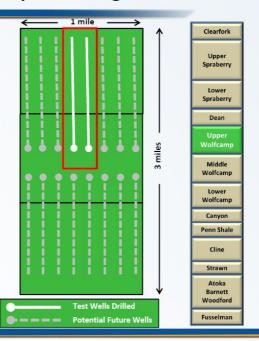
Side-by-Side Conceptual Design

Side-by-Side Design

- Two side-by-side wells both drilled in one zone
- Lateral lengths: 7,000 7,500 feet
- Spacing: 660 feet

Objectives

- Optimize spacing
- Minimize interference
- Frac design and monitoring
- Frac optimization





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Stacked Lateral Program

Stacked Lateral Design

- Test pad layout and scheduling of operations on multi-well pads
- Assess 2, 3 and 4-stack lateral designs
- Optimize vertical distance between laterals
- Optimize frac design and monitoring



First 3-well stacked pad achieved a combined twostream, 24-hour production rate of 3,318 BOE/D1



¹ Drilled into the Upper, Middle and Lower Wolfcamp

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Fusselman

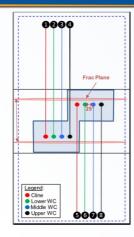
Concentration of Resources Drives Efficiencies



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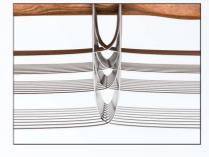
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Offset Pad Development



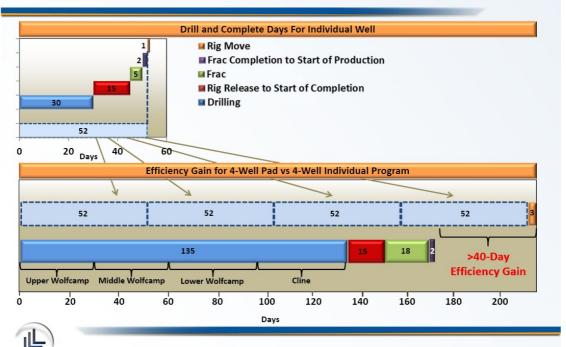


Offset pad configuration provides the optimal geometry to fully drain a section



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Efficiency Gains from Pad Drilling



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Production Impact From Multi-Well Pads

One Rig, 4-Well Stacked Pad Drilling Example

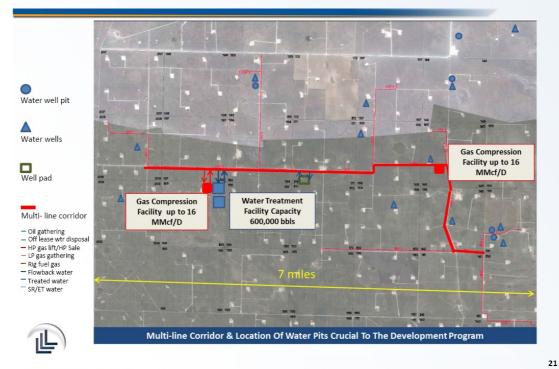


- Creates lumpy production
- Up to 123-day delay in initial production vs an individual well
- Balancing production impact and pad drilling efficiencies
- 2014 development will include 2, 3 and 4well pad drilling



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Fluid / Gas Management Plan



Cost Savings Initiatives

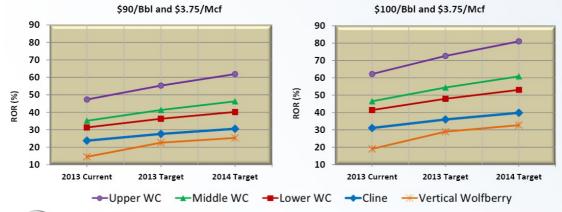
- Pad drilling efficiencies
- Multi-well frac efficiencies
- Negotiated service cost reductions
 - Coil
- Pumping services
- Wireline logging
- Frac tank
- Optimizing drilling and completions operations
- Proppant sourcing improvements
- Reduction in transportation cost
- Improved water management
- Integration of new technologies
- Reduction in chemical usage
- Natural gas fueling

Anticipated 10%-15% cost reduction



ROR vs Well Capital Costs

Permian Well Costs								
(\$MM)	Upper Wolfcamp							
2013 YTD	\$7.8	\$7.8	\$8.5	\$9.0	\$2.4			
2013 Target	7.2	7.2	7.9	8.4	2.0			
2014 Target	6.8	6.8	7.5	8.0	1.9			



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Estimated 2014 Capital Program

Total Capital - 2014 \$900 MM - \$1.0 B

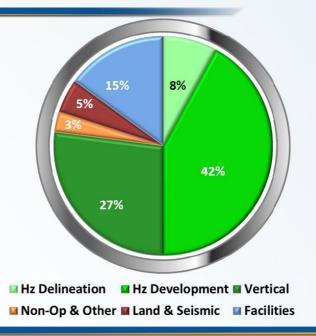
Number of Rigs / Wells

6 Horizontal Rigs

Delineation: 12 – 14 Development: 50 – 60

5 Vertical Rigs

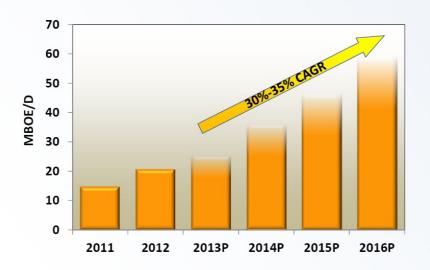
Development: 110 - 120





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Permian Production Growth

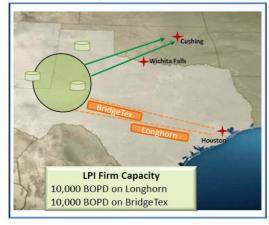




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Sales Price Diversification

Firm transportation out of the Permian



- Existing RefineryExisting Pipelines
 - New Pipelines and Additions

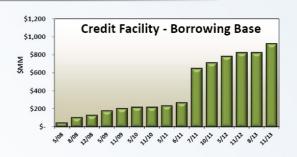
- 10,000 BOPD committed to Longhorn, increasing annually to >23,000 BOPD over 5 years
 - Eliminates Mid/Cush basis differential
 - Benefit from <u>LLS</u> Gulf Coast pricing premium to WTI
- 10,000 BOPD committed to BridgeTex (Mid 2014)
 - Eliminates Mid/Cush basis differential
 - Benefit from <u>Brent</u> pricing premium to WTI
- Balance sold in local Midland market
 - No long-term or volumetric commitments
 - Basis hedges in place to protect Mid/Cush basis risk

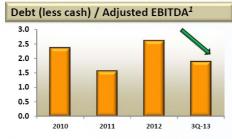


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Preserving Financial Flexibility

- ~\$1.1 billion of liquidity
- Growing borrowing base
- No near-term maturities
- Strong financial metrics





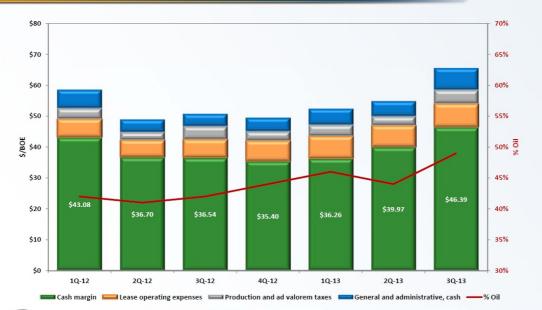




¹ Estimated Permian EBITDA for 3Q-2013, annualized ² Internal estimate, 2-stream as of 6/30/2013, pro-forma for Anadarko Basin sale

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Expanding Cash Margin

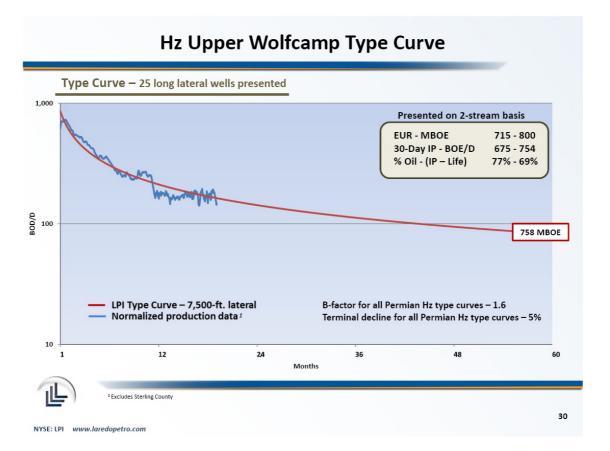


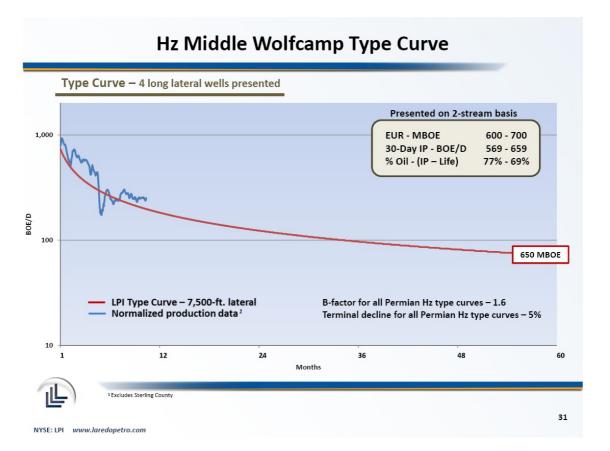


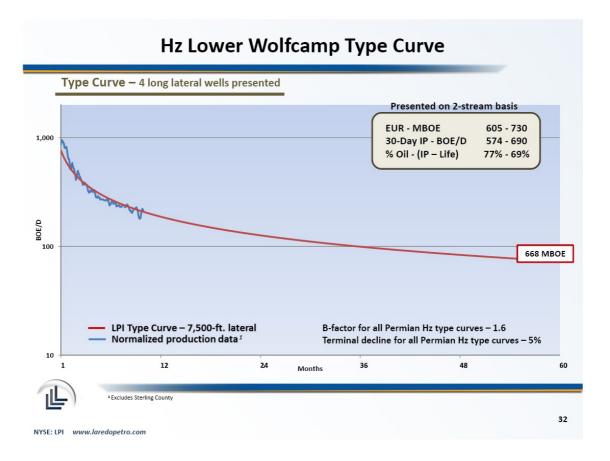
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Appendix

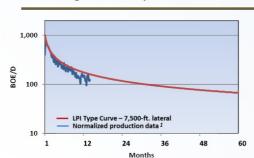




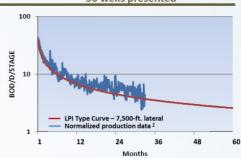


Hz Cline Type Curve

5 Long lateral wells presented



BOEPD/Frac Stage normalized data from 36 wells presented



EUR - MBOE 550 - 690 30-Day IP - BOE/D 663 - 828 % Oil - (IP - Life) 77% - 69%

Presented on 2-stream basis

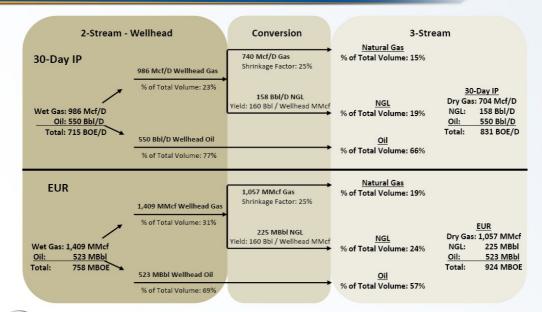
B-factor for all Permian Hz type curves – 1.6 Terminal decline for all Permian Hz type curves – 5%



¹ Excludes Sterling County

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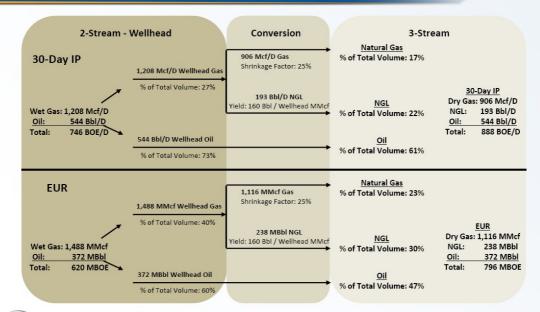
Sample Wolfcamp Hz 3-Stream Conversion





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Sample Cline Hz 3-Stream Conversion





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Adjusted EBITDA Reconciliation

(in thousands)		Three months ended September 30,				Nine months ended September 30,			
		2013		2012		2013		2012	
Net income (loss)	\$	12,543	\$	(7,384)	\$	49,764	\$	49,826	
Plus:									
Interest expense		24,929		24,423		76,221		60,781	
Depreciation, depletion and amortization		55,982		63,925		187,346		176,145	
Write-off of deferred loan costs		1,502		_		1,502		_	
Bad debt expense		653		-		653		_	
(Gain) loss on disposal of assets, net		(607)		1		(548)		9	
Total (gain) loss on derivative financial instruments, net		9,838		24,156		2,732		(4,658)	
Cash settlements of matured commodity derivative financial instruments, net		(3,975)		7,078		888		20,901	
derivative financial instruments, net		5,366		_		5,366		_	
matured during the period(1)		(2,925)		(2,349)		(8,681)		(6,786)	
Non-cash stock-based compensation		5,876		2,767		13,556		7,602	
Income tax expense (benefit)		10,369		(4,154)		31,970		28,027	
Adjusted EBITDA	\$	119,551	\$	108,463	\$	360,769	\$	331,847	



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