

Forward-Looking / Cautionary Statements

This presentation, including any oral statements made regarding the contents of this presentation, contains forward-looking statements as defined under Section 27A of the Securities Act of 1933, as amended, and Section 21E of the Securities Exchange Act of 1934, as amended. All statements, other than statements of historical facts, that address activities that Vital Energy, Inc. (together with its subsidiaries, the "Company", "Vital" or "VTLE") assumes, plans, expects, believes, intends, projects, indicates, enables, transforms, estimates or anticipates (and other similar expressions) will, should or may occur in the future are forward-looking statements are based on management's current belief, based on currently available information, as to the outcome and timing of future events. Such statements are not guarantees of future performance and involve risks, assumptions and uncertainties.

General risks relating to Vital include, but are not limited to, the decline in prices of oil, natural gas liquids and natural gas and the related impact to financial statements as a result of asset impairments and revisions to reserve estimates, the ability of the Company to execute its strategies, including its ability to successfully identify and consummate strategic acquisitions at purchase prices that are accretive to its financial results and to successfully integrate acquired businesses, assets and properties, oil production quotas or other actions that might be imposed by the Organization of Petroleum Exporting Countries and other producing countries ("OPEC+"), the outbreak of disease, such as the coronavirus ("COVID-19") pandemic, and any related government policies and actions, changes in domestic and global production, supply and demand for commodities, including as a result of the COVID-19 pandemic, actions by OPEC+ and the Russian-Ukrainian military conflict, long-term performance of wells, drilling and operating risks, the increase in service and supply costs, including as a result of inflationary pressures, increases to interest rates as a result of the Federal Reserve's tightening monetary policy, tariffs on steel, pipeline transportation and storage constraints in the Permian Basin, the possibility of production curtailment, hedging activities, the impacts of severe weather, including the freezing of wells and pipelines in the Permian Basin due to cold weather, possible impacts of litigation and regulations, the impact of the Company's transactions, if any, with its securities from time to time, the impact of new laws and regulations, including those regarding the use of hydraulic fracturing, the impact of new environmental, health and safety requirements applicable to the Company's business activities, the possibility of the elimination of federal income tax deductions for oil and gas exploration and development and other factors, including those and other risks described in its Annual Report

Any forward-looking statement speaks only as of the date on which such statement is made. Vital does not intend to, and disclaims any obligation to, correct, update or revise any forward-looking statement, whether as a result of new information, future events or otherwise, except as required by applicable law.

The SEC generally permits oil and natural gas companies, in filings made with the SEC, to disclose proved reserves, which are reserve estimates that geological and engineering data demonstrate with reasonable certainty to be recoverable in future years from known reservoirs under existing economic and operating conditions, and certain probable and possible reserves that meet the SEC's definitions for such terms. In this presentation, the Company may use the terms "resource potential," "resource play," "estimated ultimate recovery," or "EURs," "type curve" and "standardized measure," each of which the SEC guidelines restrict from being included in filings with the SEC without strict compliance with SEC definitions. These terms refer to the Company's internal estimates of unbooked hydrocarbon quantities that may be potentially discovered through exploratory drilling or recovery devintual drilling or recovery techniques. "Resource potential" is used by the Company to refer to the estimated quantities of hydrocarbons that may be added to proved reserves, largely from a specified resource play potentially supporting numerous drilling locations. A "resource play" is a term used by the Company to describe an accumulation of hydrocarbons known to exist over a large areal expanse and/or thick vertical section potentially supporting numerous drilling locations, which, when compared to a conventional play, typically has a lower geological and/or commercial development risk. "EURs" are based on the Company's previous operations experience in a given area and publicly available information relating to the operations of producers who are conducting operations in these areas. Unbooked resource potential and "EURs" do not constitute reserves within the meaning of the Society of Petroleum Engineer's Petroleum Resource Management System or SEC rules and onot include any proved reserves. Actual quantities of reserves that may be ultimately recovered from the Company's interests may differ substantially from those presented herein

This presentation includes financial measures that are not in accordance with generally accepted accounting principles ("GAAP"), such as Consolidated EBITDAX and Free Cash Flow. While management believes that such measures are useful for investors, they should not be used as a replacement for financial measures that are in accordance with GAAP. For definitions of such non-GAAP financial measures, please see the Appendix.

Unless otherwise specified, references to "average sales price" refer to average sales price excluding the effects of the Company's derivative transactions. All amounts, dollars and percentages presented in this presentation are rounded and therefore approximate.



We are Vital Energy

Our Company	We strive to make energy available, sustainable and abundant to power people's prosperity, security and dreams for the future.
Our Legacy	Since our founding we have sought new and better ways to responsibly produce energy to sustain our world.
Engaging Communities	We are committed to being great neighbors and supporting the communities that surround our operations.
Better Decisions	We embrace digital transformation like no other company in our space. We believe the potential for profound progress in our industry is limitless.
Leading Energy	Our executive team and board are committed to setting the standard for the advancement of our industry.



We exist to energize human potential.



Fourth-Quarter 2022 Updates

#1

Solid Fourth-Quarter '22 Execution

- Oil production expected to be ~35.5 MBO/d, above high end of guidance (32.0-34.0 MBO/d)
- Total production expected to be ~77.5 MBOE/d, above high end of guidance (72.5-75.5 MBOE/d)
- Capital investments expected to be within guidance range (\$135-\$145 million)

#2

Continue to Strengthen Capital Structure

- Repurchased ~\$100 million of face value of term debt during the quarter (~\$285 million YTD¹)
- Repurchased ~\$11 million of equity during the quarter (~\$37 million YTD¹)

#3

Published ESG and Climate Risk Report

- Advancing key ESG initiatives across the enterprise
- Outlined aggressive methane reduction and water recycling targets
- Goals linked to NEO compensation



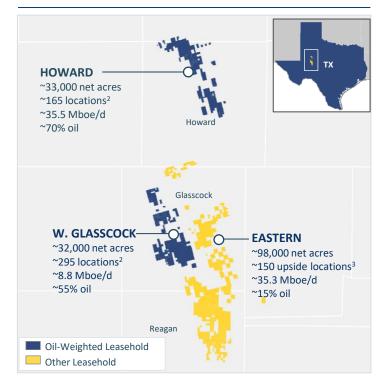
Creating Value through Technology

- Intelligent well and ESP optimization digital initiatives benefitting production
- Implementation of proprietary technologies

Disciplined Strategy Underpins Long-Term Value Creation

- Maintain Capital Discipline
- Generate Free Cash Flow¹
- Reduce Debt and Leverage
- Repurchase Shares Opportunistically
- Advance Sustainability and Responsible Production

Pure-Play Midland Basin Producer





Stronger Company Built on Strategic Execution

	Key Metrics	YE-19A	YTD-22A	Change
(\$)	Enterprise Value	\$1.8 B	\$1.9 B ¹	+\$0.1 B
	Net Acres	~133,500	~163,000	+29,500
	Oil Production	27.3 MBO/D	35.0 MBO/D ²	+7.7 MBO/D
\$	Free Cash Flow ⁴	\$60 MM	\$183 MM ³	+\$123 MM
~	Leverage Ratio	2.02x	1.25x ²	-0.77x
	Net Debt per Share	\$96	\$65 ¹	-\$31
<u> </u>	Liquidity	~\$651 MM	~\$965 MM¹	+\$314 MM
	Flaring Percentage	1.95%	0.74%	-1.21%



Delivering on Our Plan





\$285

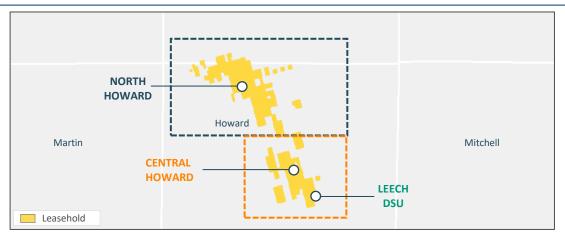
FY-22A

\$37

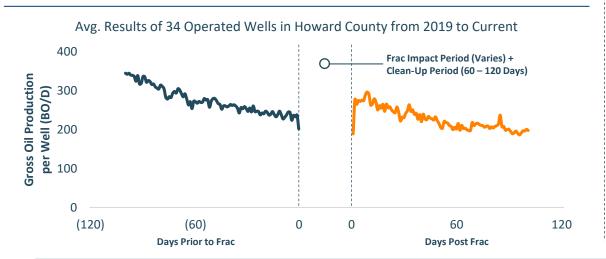
FY-22A²

Current Development Plan Focused on Howard County

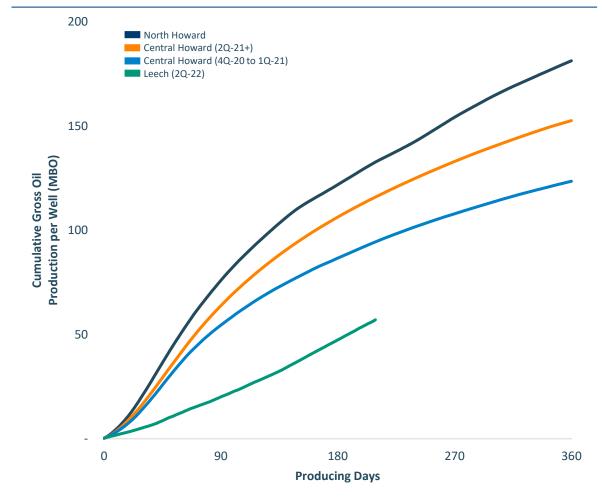
Near-Term Development Program Focused in North Howard



Well Performance After Offset Completions



Average Well Performance¹



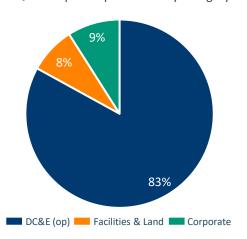


Disciplined, Capital Efficient Development Program

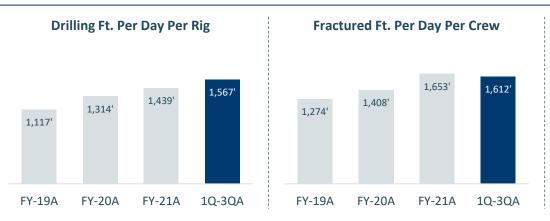
4Q-22E Capital Program

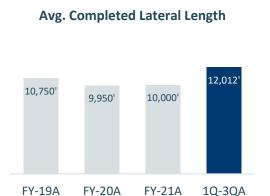
	Guidance		
Capital Expenditures (\$MM)	\$135 - \$145		
Avg. Rig Count (Op)	2.0		
Avg. Frac Crews (Op)	1.0		
Completions	13 Gross (12.8 Net)		
Turn-in-Lines	11 Gross (10.8 Net)		
Production (MBOE/D)	72.5 – 75.5		
Oil Production (MBO/D) 32.0 – 34.			
Expected to Be Above High-End of Guidance Range			

4Q-22E Capital Expenditures by Category



Continuous Improvement Drives Capital Efficient Drilling and Completion Program





Company Owned Sand Mind Reduces Well Costs and Protects Against Inflation

>\$400K ~4 Yrs.

Per Well Savings¹

Current Sand Inventory²

- Located on Vital owned surface acreage
- Operated by a third party
- Reduces emissions by:
 - Elimination of truck traffic
 - Utilization of wet sand





Free Cash Flow Driving Return of Capital and Debt Reductions

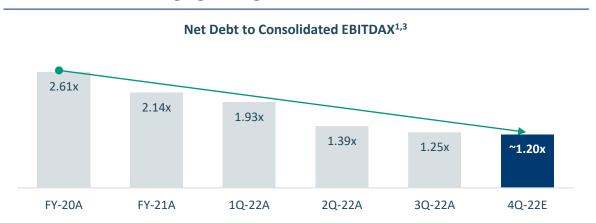
\$183 million

Term Debt² Reduced FY-22 ~\$285 million

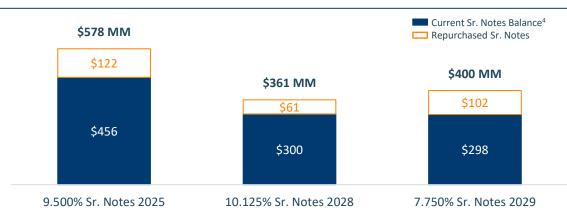
Current Liquidity⁴
~\$965 million

Total Stock Repurchased FY-22 \$37 million

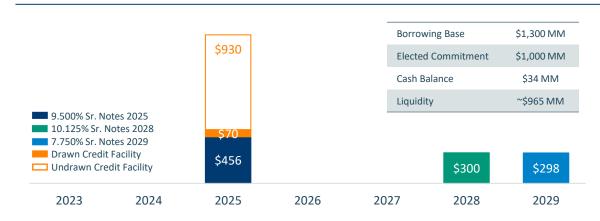
Deleveraging through Free Cash Flow¹ Generation



2022 Opportunistic Debt Repurchases

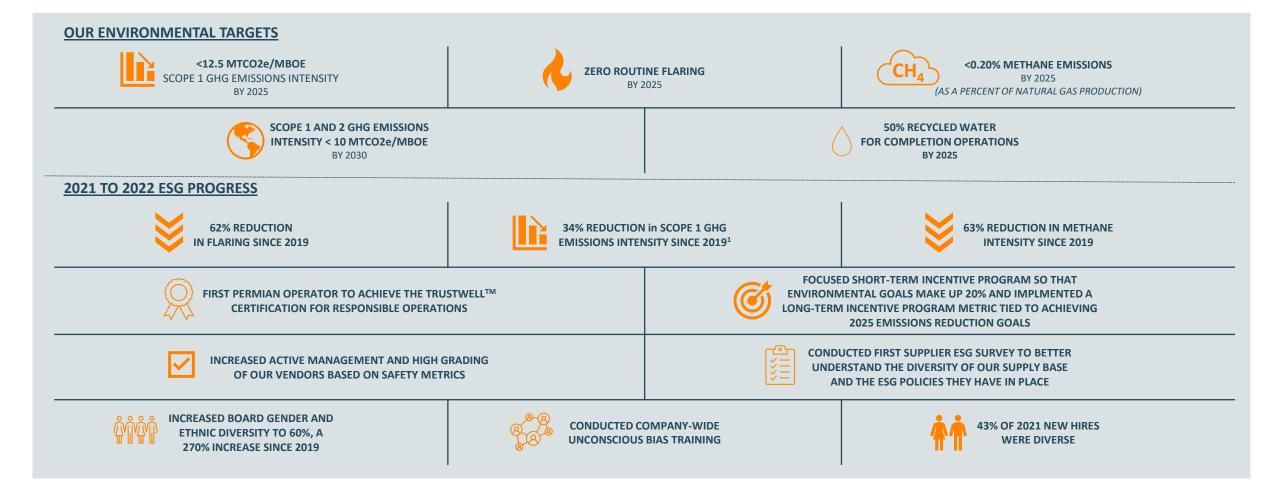


Current Debt Maturity Profile⁴





Leadership in a Low-Carbon Future





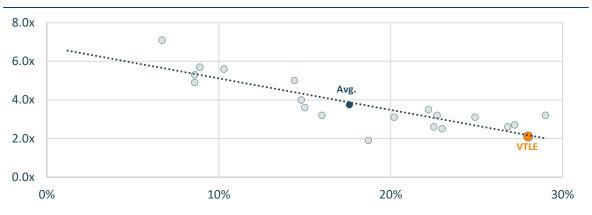
Compelling Investment Opportunity







2023E EV / EBITDAX vs. FCF Field – Peer Comparison^{2,3}



Enterprise Value / PDP - Peer Comparison^{2,3}







Appendix

4Q-22 Guidance

Guidance

	4Q-22
Production:	-
Total Production (MBOE/D)	72.5 - 75.5
Crude Oil Production (MBO/D) Expected to Be Above High-End of Guidance Range	32.0 - 34.0
Incurred Capital Expenditures (\$MM):	\$135 - \$145
Average Sales Price Realizations (excluding derivatives):	-
Crude Oil (% of WTI)	103%
Natural Gas Liquids (% of WTI)	25%
Natural Gas (% of Henry Hub)	47%
Net Settlements Received (Paid) for Matured Commodity Derivatives (\$MM):	-
Crude Oil (\$MM)	(\$68)
Natural Gas Liquids (\$MM)	(\$3)
Natural Gas (\$MM)	(\$5)
Operating Costs and Expenses (\$/BOE):	-
Lease Operating Expenses	\$6.50
Production and Ad Valorem Taxes (% of Oil, NGL & Natural Gas Revenues)	7.3%
Transportation and Marketing Expenses	\$1.80
General and Administrative Expenses (excluding LTIP)	\$2.15
General and Administrative Expenses (LTIP Cash)	\$0.40
General and Administrative Expenses (LTIP Non-Cash)	\$0.45
Depletion, Depreciation and Amortization	\$11.00

Commodity Prices Used for 4Q-22

	Oct-22	Nov-22	Dec-22	4Q-22 Avg.
Crude Oil:	-	-	-	-
WTI NYMEX (\$/BBO)	\$87.03	\$86.21	\$84.97	\$86.07
Brent ICE (\$/BBO)	\$93.50	\$92.73	\$90.88	\$92.37
Natural Gas:	-	-	-	-
Henry Hub (\$/MMBTU)	\$6.87	\$5.19	\$6.36	\$6.15
Waha (\$/MMBTU)	\$3.28	\$3.08	\$4.83	\$3.74
Natural Gas Liquids:	-	-	-	-
C2 (\$/BBL)	\$16.99	\$17.01	\$16.91	\$16.97
C3 (\$/BBL)	\$35.62	\$36.86	\$36.75	\$36.40
IC4 (\$/BBL)	\$44.82	\$44.47	\$43.47	\$44.25
NC4 (\$/BBL)	\$41.31	\$42.21	\$42.26	\$41.92
C5+ (\$/BBL)	\$68.35	\$68.04	\$68.09	\$68.16
Composite (\$/BBL) ¹	\$32.30	\$32.77	\$32.67	\$32.58

Note: Supports average sales price realizations and derivatives guidance



Current Hedge Program

	1Q-23	2Q-23	3Q-23	4Q-23	FY-23
Crude Oil (Volume in MBO: Price in \$/BBO):					
WTI Collars	1,890	1,911	644	644	5,089
WTD Floor Price	\$68.10	\$68.10	\$70.00	\$70.00	\$68.58
WTD Ceiling Price	\$83.78	\$83.78	\$88.12	\$88.12	\$84.88
Natural Gas Liquids (Volume in MBBL: Price in \$/BBL):					
Ethane Swaps	-	-	-	-	-
WTD Price	-	-	-	-	-
Propane	-	-	-	-	-
WTD Price	-	-	-	-	-
Butane Swaps	-	-	-	-	-
WTD Price	-	-	-	-	-
Isobutane Swaps	-	-	-	-	-
WTD Price	-	-	-	-	-
Pentane Swaps	-	-	-	-	-
WTD Price	-	-	-	-	-
Natural Gas (Volume in MMBTU: Price in \$/MMBTU):					
Henry Hub Collars	6,300,000	6,370,000	6,440,000	6,440,000	25,550,000
WTD Floor Price	\$4.14	\$4.14	\$4.14	\$4.14	\$4.14
WTD Ceiling Price	\$8.43	\$8.43	\$8.43	\$8.43	\$8.43
Waha Basis Swaps	6,300,000	6,370,000	6,440,000	6,440,000	25,550,000
WTD Price	(\$1.65)	(\$1.65)	(\$1.65)	(\$1.65)	(\$1.65)



Supplemental Non-GAAP Financial Measures

Consolidated EBITDAX (Credit Agreement Calculation Unaudited)

Consolidated EBITDAX is a non-GAAP financial measure defined in the Company's Senior Secured Credit Facility as net income or loss (GAAP) plus adjustments for share-settled-equity-based compensation, depreciation and amortization, impairment expense, gains or losses on disposal of assets, mark-to-market on derivatives, accretion expense, income taxes and other non-recurring income and expenses. Consolidated EBITDAX is used by the Company's management for various purposes, including as a measure of operating performance and compliance under the Company's Senior Secured Credit Facility. Additional information on the calculation of Consolidated EBITDAX can be found in the Company's Eighth Amendment to the Senior Secured Credit Facility as filed with the SEC on April 19, 2022.

The following table presents a reconciliation of net income (loss) (GAAP) to Consolidated EBITDAX (non-GAAP) for the periods presented:

	Three Months Ended			
(in thousands, unaudited)	9/30/2022	6/30/2022	3/31/2022	12/31/2021
Net Income (loss)	\$337,523	\$262,546	(\$86,781)	\$216,276
Plus:				
Share-settled equity-based compensation, net	1,638	2,604	2,053	2,066
Depletion, depreciation and amortization	74,928	78,135	73,492	74,592
Organizational restructuring expenses	10,420	-	-	-
(Gain) loss on disposal of assets, net	(4,282)	(38)	260	8,903
Mark-to-market on derivatives:				
(Gain) loss on derivatives, net	(100,748)	65,927	325,816	(15,372)
Settlements paid for matured derivatives, net	(124,289)	(174,009)	(125,370)	(129,361)
Settlements received for contingent consideration	-	1,555	-	-
Accretion expense	954	973	1,019	1,026
Interest expense	30,967	32,807	32,477	31,163
(Gain) loss on extinguishment of debt, net	(553)	798	-	-
Income tax (benefit) expense	(3,768)	7,092	(877)	3,052
Consolidated EBITDAX (non-GAAP)	\$222,790	\$278,390	\$222,089	\$192,345



Supplemental Non-GAAP Financial Measures

PV-10 (Unaudited)

PV-10 is a non-GAAP financial measure that is derived from the standardized measure of discounted future net cash flows, which is the most directly comparable GAAP financial measure. PV-10 is a computation of the standardized measure of discounted future net cash flows at the applicable date, before deducting future income taxes, discounted at 10 percent. Management believes that the presentation of PV-10 is relevant and useful to investors because it presents the discounted future net cash flows attributable to the Company's estimated proved reserves prior to taking into account future corporate income taxes, and it is a useful measure for evaluating the relative monetary significance of the Company's proved oil, NGL and natural gas assets. Further, investors may utilize the measure as a basis for comparison of the relative size and value of proved reserves to other companies. The Company uses this measure when assessing the potential return on investment related to proved oil, NGL and natural gas assets. However, PV-10 is not a substitute for the standardized measure of discounted future net cash flows. The PV-10 measure and the standardized measure of discounted future net cash flows do not purport to present the fair value of the Company's oil, NGL and natural gas reserves of the property.

(in millions)	December 31, 2021
Standardized measure of discounted future net cash flows	\$3,425
Less present value of future income taxes discounted at 10%	(291)
PV-10 (non-GAAP)	\$3,716



Supplemental Non-GAAP Financial Measures

Net Debt (Unaudited)

Net Debt, a non-GAAP financial measure, is calculated as the face value of long-term debt plus any outstanding letters of credit, less cash and cash equivalents. Management believes Net Debt is useful to management and investors in determining the Company's leverage position since the Company has the ability, and may decide, to use a portion of its cash and cash equivalents to reduce debt. Net Debt as of September 30, 2022 was \$1.14 billion.

Net Debt to Consolidated EBITDAX (Unaudited)

Net Debt to Consolidated EBITDAX, a non-GAAP financial measure, is calculated as Net Debt divided by Consolidated EBITDAX, for the previous four quarters, as defined in the Company's Senior Secured Credit Facility. Net Debt to Consolidated EBITDAX is used by the Company's management for various purposes, including as a measure of operating performance, in presentations to its board of directors and as a basis for strategic planning and forecasting.

Free Cash Flow (Unaudited)

Free Cash Flow is a non-GAAP financial measure that the Company defines as net cash provided by operating activities (GAAP) before changes in operating assets and liabilities, net, less incurred capital expenditures, excluding non-budgeted acquisition costs. Management believes Free Cash Flow is useful to management and investors in evaluating operating trends in its business that are affected by production, commodity prices, operating costs and other related factors. There are significant limitations to the use of Free Cash Flow as a measure of performance, including the lack of comparability due to the different methods of calculating Free Cash Flow reported by different companies.

The Company is unable to provide a reconciliation of the forward-looking Free Cash Flow projection contained in this presentation to net cash provided by operating activities, the most directly comparable GAAP financial measure, because we cannot reliably predict certain of the necessary components of net cash provided by operating activities, such as changes in working capital, without unreasonable efforts. Such unavailable reconciling information may be significant.

