UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

FORM 8-K

CURRENT REPORT PURSUANT TO SECTION 13 OR 15(d) OF THE

SECURITIES EXCHANGE ACT OF 1934

Date of report (Date of earliest event reported): April 15, 2013

LAREDO PETROLEUM HOLDINGS, INC.

(Exact Name of Registrant as Specified in Charter)

Delaware 001-35380 45-3007926

(State or Other Jurisdiction of Incorporation or Organization)

(Commission File Number)

(I.R.S. Employer Identification No.)

15 W. Sixth Street, Suite 1800, Tulsa, Oklahoma

74119

(Address of Principal Executive Offices)

(Zip Code)

Registrant's telephone number, including area code: (918) 513-4570

Not Applicable

(Former Name or Former Address, if Changed Since Last Report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

- o Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
- o Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
- o Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
- o Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Item 7.01. Regulation FD Disclosure.

On April 15, 2013, Laredo Petroleum Holdings, Inc. issued a press release announcing its scheduled first quarter 2013 earnings call, and providing its preliminary results for its commodity derivatives for the first quarter of 2013. A copy of the press release is furnished as Exhibit 99.1 to this Current Report on Form 8-K.

In accordance with General Instruction B.2 of Form 8-K, the information in this report (including Exhibit 99.1) is deemed to be "furnished" and shall not be deemed "filed" for the purpose of Section 18 of the Securities Exchange Act of 1934, as amended, or otherwise subject to the liabilities of that section, nor shall such information and Exhibit be deemed incorporated by reference into any filing under the Securities Act of 1933, as amended, or the Securities Exchange Act of 1934, as amended.

Item 9.01. Financial Statements and Exhibits.

(d) Exhibits.

Exhibit Number	Description
99.1	Press release.

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

LAREDO PETROLEUM HOLDINGS, INC.

Dated: April 15, 2013 By: /s/ KENNETH E. DORNBLASER

Kenneth E. Dornblaser

Senior Vice President and General Counsel

EXHIBIT INDEX

Exhibit NumberDescription99.1Press release.



Laredo Petroleum Schedules First-Quarter 2013 Earnings Conference Call For May 9 and Provides Commodity Derivatives Update

First-Quarter 2013 Results
Thursday, May 9, 2013
9:00 a.m. CT (10:00 a.m. ET)
Dial-in number: 866.318.8611
International dial-in number: 617.399.5130

Conference Code: 70818407

TULSA, OK - **April 15, 2013** - Laredo Petroleum Holdings, Inc. (NYSE: LPI) ("Laredo" or "the Company"), will host a conference call on Thursday, May 9, 2013 at 9:00 a.m. CT (10:00 a.m. ET) to discuss its first-quarter 2013 financial and operating results. Laredo plans to release earnings the same day before market open.

The Company also announces first-quarter 2013 preliminary results for its commodity derivatives.

Conference Call

Laredo invites interested parties to listen to the call via the Company's website at www.laredopetro.com, under the tab for "Investor Relations." Individuals who would like to participate on the call should dial the applicable dial-in number approximately 10 minutes prior to the scheduled conference time, and enter the conference code listed above. A telephonic replay will be available approximately two hours after the call on May 9, 2013 through Thursday, May 16, 2013. Participants may access this replay by dialing (888) 286-8010, using conference code 56237101.

Commodity Derivatives Update

For the three months ended March 31, 2013, Laredo expects to report an approximate \$16.9 million loss on commodity derivative instruments, comprised of an approximate \$3.8 million realized gain and an approximate \$20.6 million unrealized loss. Although management does not expect these numbers to change, they are preliminary and unaudited.

Laredo records all derivative instruments on the balance sheet as either assets or liabilities measured at their estimated fair value. Laredo has not designated any derivative instruments as hedges for accounting purposes and Laredo does not enter into such instruments for speculative trading purposes.

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Realized gains and realized losses from the settlement of commodity derivative instruments and unrealized gains and unrealized losses from valuation changes in the remaining unsettled commodity derivative instruments are reported under "Non-operating income (expense)" in our consolidated statements of operations.

Laredo Petroleum Holdings, Inc. is an independent energy company with headquarters in Tulsa, Oklahoma. Laredo's business strategy is focused on the exploration, development and acquisition of oil and natural gas properties primarily in the Permian and Mid-Continent regions of the United States.

Additional information about Laredo may be found on its website at www.laredopetro.com.

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Forward-Looking Statements

This press release contains forward-looking statements as defined under Section 27A of the Securities Act of 1933, as amended, and Section 21E of the Securities Exchange Act of 1934, as amended. All statements, other than statements of historical facts, that address activities that Laredo assumes, plans, expects, believes, intends, projects, estimates or anticipates (and other similar expressions) will, should or may occur in the future are forward-looking statements. The forward-looking statements are based on management's current belief, based on currently available information, as to the outcome and timing of future events. The actual impact of derivative instruments described above may be different, and could differ materially, from these estimates due to the completion of our financial closing procedures, final adjustments and other developments that may arise between now and the time the financial results for our first-quarter 2013 are finalized.

General risks relating to Laredo include, but are not limited to the risks described in its Annual Report on Form 10-K for the year ended December 31, 2012, and those set forth from time to time in other filings with the Securities and Exchange Commission ("SEC"). These documents are available through Laredo's website at www.laredopetro.com under the tab "Investor Relations" or through the SEC's Electronic Data Gathering and Analysis Retrieval System ("EDGAR") at www.sec.gov. Any of these factors could cause Laredo's actual results and plans to differ materially from those in the forward-looking statements. Therefore, Laredo can give no assurance that its future results will be as estimated. Laredo does not intend to, and disclaims any obligation to, update or revise any forward-looking statement.

Contacts:

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