FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

OWNERSHIP

Vashington,	D.C.	20549

STATEMENT	OF CHAI	NGES IN	BENEFICIAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Last)	man Brya	st) (SUITE 900	Middle) 74119		2. Issuer Name and Ticker or Trading Symbol Laredo Petroleum, Inc. [LPI] 3. Date of Earliest Transaction (Month/Day/Year) 07/01/2022 4. If Amendment, Date of Original Filed (Month/Day/Year)									(Che	S. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director						
(City)	(Sta		Zip)																		
Table I - Non-Deriv 1. Title of Security (Instr. 3) 2. Transa Date (Month/D				action	2A. Deemed Execution Date,		3. Transaction Dis		4. Securi	4. Securities Acquired (A) on Disposed Of (D) (Instr. 3, 4 a		A) or	5. Amount of Securities Beneficially Owned Following		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership				
							Code	v	Amount	ınt (A) or (D)		Price	Reported Transacti (Instr. 3 a	on(s)			(Instr. 4)				
Common Stock 07/01			/2022	2022		F		8,213	(1)	D	\$68.89	71,	71,635		D						
Common Stock 07/05			/2022	2022		S		2,127	2,127 ⁽²⁾ D		\$61.4(3)	69,	69,508		D						
Common Stock 07/05/			/2022	2022		S		3,500	(2)	D	\$62.29	66,	008	D							
Common S	Stock			07/05	5/2022						3,095	(2)	D	\$63.48(3	62,913		D				
Common S	Stock			07/05	/2022				S		1,800	(2)	D	\$64.51 ⁽³	6 64.51 ⁽³⁾ 61,113 D						
		-	Table II								posed o				Owned						
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deem Execution if any (Month/Da	n Date,	4. Transaction Code (Instr. 8)		5. Number of		6. Date Exercisa Expiration Date (Month/Day/Yea		е	7. Title and Am Securities Und Derivative Secu (Instr. 3 and 4)		derlying curity	8. Price of Derivative Security (Instr. 5)	9. Number derivative Securitie Beneficia Owned Following Reported Transact (Instr. 4)	e es ally g	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)		
					Code	v	(A)	(D)	Date Exercisat		Expiration Date	Title		Amount or Number of Shares							
Performance Units	(4)								03/09/202	24	(4)		ormance Inits	21,751		21,75	51	D			
Performance	(5)								02/22/202	25	(5)	Perfo	rmance	12.830		12,83	30	D			

Explanation of Responses:

- 1. Represents shares of common stock withheld by the Issuer to satisfy tax withholding obligations of the Reporting Person in connection with the vesting of a portion of restricted shares previously granted to the Reporting Person under the Issuer's Omnibus Equity Incentive Plan.
- 2. Shares sold pursuant to a Rule 10b5-1 trading plan.
- 3. The price reported in Column 4 is an average weighted price. The reporting person undertakes to provide Laredo Petroleum, Inc. ("Laredo"), any security holder of Laredo, or the staff of the U.S. Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price.
- 4. These performance units are granted under the Issuer's Omnibus Equity Incentive Plan. The performance units will be payable, if at all, in cash based upon (i) the Issuer's total shareholder return measured against an industry peer group, (ii) on an absolute share return basis, (iii) earnings before interest, taxes, depreciation, amortization and exploration expense divided by three-year total debt reduction and (iv) growth in inventory, over a three-year performance period ending December 31, 2023. The final amount of cash earned is dependent on the performance of the stock price and the factors identified herein with the performance unit multiple having a range of 0% to 225%.
- 5. These performance units are granted under the Issuer's Omnibus Equity Incentive Plan. Each performance unit represents a share of common stock. The performance units will be payable, if at all, in common stock, cash, or a combination of common stock and cash, to be determined in the discretion of the Issuer's Compensation Committee, based upon (i) the Issuer's total shareholder return measured against an industry peer group, (ii) on an absolute share return basis, (iii) earnings before interest, taxes, depreciation, amortization and exploration expense divided by three-year total debt reduction, (iv) growth in inventory and (v) emissions reduction, over a three-year performance period ending December 31, 2024. The final number of shares of common stock or cash earned is dependent on the performance of the stock price and the factors identified herein with the performance unit multiple having a range from 0% to 225%.

Remarks:

/s/ Mark D. Denny as attorneyin-fact for Bryan J. Lemmerman

07/06/2022

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v)
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.